

BASEBALL WORKOUT SCHEDULE – WEEK 1 (1/27 - 2/4)

Friday, January 27th

Varsity -	Workout	3:05 pm
Soph/Jr-	Workout	5:30 pm
Freshmen-	<i>No Workout</i>	

Saturday, January 28th

<i>Mustang Mile-</i>	<i>(All)</i>	<i>8:15 am</i>
Feshmen-	Workout	9:00 am
Soph/Jr-	Workout	12:00 pm
Varsity	Workout	2:30 pm
<i>Mustang Mile-</i>	<i>(Makeup)</i>	<i>6:00 pm</i>

Monday, January 30th

Varsity -	Workout	3:05 pm
Soph/Jr-	<i>No Workout</i>	
Freshmen-	Workout	5:30 pm

Tuesday, January 31st

Varsity -	Workout	3:05 pm
Soph/Jr-	Workout	5:30 pm
Freshmen-	<i>No Workout</i>	

Wednesday, February 1st

Varsity -	Workout	3:05 pm
Soph/Jr-	<i>No Workout</i>	
Freshmen-	Workout	5:30 pm

Thursday, February 2nd

Varsity -	Workout	3:05 pm
Soph/Jr-	Workout	5:30 pm
Freshmen-	<i>No Workout</i>	

Friday, February 3rd

<i>Rosters of teams posted in baseball locker room</i>	<i>8:00 am</i>	
Varsity -	Workout / Scrimmage	3:05 pm
<i>No workouts for other teams</i>		

Saturday, February 4th

All Sub-Varsity -	Workout / <i>Long Ball</i>	9:30 am
Varsity -	Workout / <i>Long Ball</i>	1:30 pm